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# Link between Endometriosis and Breast Cancer

Rini Abraham and Ishani Bose

## Abstract

Endometriosis is a gynaecological illness in which the endometrium, the tissue that borders the uterus, develops outside of it. Ectopic tissue can be discovered in the ovaries, fallopian tubes, various areas of the reproductive tract, and, in some circumstances, even the intestine. Patients, health care providers, and the general public are mostly unaware of the disease. Endometriosis has been linked to a variety of cancers, including ovarian and breast cancer, according to recent research. Online databases were searched for research that explored the link between breast cancer and endometriosis. The goal of this review is to investigate this link by summarising and providing enough published literature from studies that have attempted to investigate the pathophysiological link between two of the most frequent and harmful disorders that women face around the world. While most studies have reported a positive pathophysiological association of endometriosis with breast cancer, there are some studies which refute these findings. Factors for association can be grouped into four, namely: age, hormonal contribution, family history and genetic makeup. The evidence that has been published so far is inconclusive. More research is needed to determine the link between endometriosis and breast cancer, as well as the various pathogenetic pathways that link the two diseases.

**Key words:** Endometrium, ovaries, fallopian tubes, cancer.

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# Composting of Fruits and Vegetables Waste from Madiwala Market, Bengaluru, Karnataka

Priyadarshini Pillai

## Abstract

Composting is one of the cheap and best method for the disposal of organic waste and its conversion into valuable products. Composting is a spontaneous, biological decomposition process of organic materials in a predominantly aerobic environment. Composting is one of the important and economical methods of the manipulation of a biological process, decomposition; raw organic materials such as manure, leaves, grass clippings, food wastes, and municipal bio solids are converted to stable soil-like humic substances. Composting is an ancient technology undertaken on a variety of levels, from home to industrial which involves a number of microbes. Composting have several benefits, it improves manure handling, possible saleable product, improves land application, minimum risk of different pollution problems, perfect soil conditioner. Composting is a process in which biological breakdown of organic waste under different controlled conditions takes place. The objective of this paper is to study the performance of the aerobic composting of vegetable and fruit wastes in different proportions which may prove to control the environmental pollution and the end product will be useful to the peoples.

**Key words:** Aerobic Composting, Waste, food, vegetables, Environment condition, Moisture content.

# Self-leadership: A New Tool of Organization

T. B. Chinnappa and N. Karunakaran

## Abstract

Self-leadership is a “process of influencing oneself”. The better understanding of effective self-leadership is essential for organizational research and practice. The main focus of this article is on the concept of self-leadership, its elements, relevance in organizational environment and strategies for mastering it and drawing attention of future researchers to encourage empirical research in this area.

**Key words:** Self-leadership, organization, personality, strategies

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# Preservation of Tradition and Culture in the Folktales of Tripura

Bhaskar Roy Barman

## Abstract

The paper aims to deal with how the tradition and culture is preserved in the folktales of Tripura. The folktales that preserve the tradition and culture are either beautiful, or comic or sublime and reflect different aspects of folk-life articulated in music and dance and manifested in arts drawn with untrained hands and Nature-taught skill. Our ancestors used to live the life cradled by Nature which is itself beautiful and sublime, though sometimes comic. But Nature turned ferocious when angered. To appease Nature our forefathers imagined gods and goddesses, different aspects of Nature. I shall limit the paper, I humbly tell my readers, to dealing with the tradition and culture of dances of Tripura preserved in the folktales. We had rather stroll across North-East India to Tripura, probing into the folk-cultures of the other states.

**Key words:** Tradition, Culture, Folktales, Tripura

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# Exposing the Tradition. Culture, Landscape, Lifestyle and the Sufferings of an Indigenous Race of Arunachal Pradesh, through the Poem “An Obscure Place” by Mamang Dai

N. Mounisha and V. Vijayalashmi

## Abstract

The indigenous people are usually the distinct social and cultural groups, who have an ancestral tie to the land where they live, occupy, or have been migrated from. 70% of the indigenous people reside in major parts of Asia, especially in India. A prolific writer who attempts to reflect the tradition, culture, landscape, lifestyle, and the sufferings of the indigenous people is Mamang Dai, an Indian writer from Itanagar, Arunachal Pradesh, India. She is a renowned poet, novelist, and a journalist, who has won the “Sahitya Akademi award” for her novel “The Black Hill” in the year 2017. Mamang Dai’s well-known poem “An Obscure Place” mirrors her persistent urge to introduce the tradition, culture, and the rich heritage of the indigenous people of Arunachal Pradesh, which the outside world considers as obscure. The paper brings out the present state and the longings of the indigenous people of Arunachal Pradesh, who strives hard to gain an identity and to expose their tradition and sorrows to the world outside through the poem “An Obscure Place”. The paper also aims to exhibit the significance and the uniqueness of a less known indigenous race of Arunachal Pradesh.

**Key words:** Indigenous, Mamung Dai, Arunachal Pradesh, An Obscure Place.

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# Tradition and Modernity: Study of Leslie Marmon Silko's *Gardens in the Dunes*

Neena Kumari

## Abstract

Discussion on topics related to relationship between tradition and modernity has been the most common in the field of literature especially postcolonial one. In the postcolonial world, both tradition and modernity have been seen as conflicting terms. Enhancement of one may result in repression of another one. Conflict between these two terms is the main lens through which Leslie Marmon Silko's novel, *Garden in the Dunes* will be analyzed. Leslie Marmon Silko is one of the most popularly known writers of Native American Literature. Like other writers of Native American Renaissance Literature, Leslie Marmon Silko has devoted her literary career to promote and enhance native oral culture and tradition of America. Her novel *Gardens in the Dunes* deals with the conflict between oral tradition of Native Americans and modernism brought about by European settlers. In the novel, centered around its main protagonist, Indigo Silko highlights influence of European imperialistic activities on native American communities and their culture. While facing the influence of colonial activities of Europeans, Indigo gets separated from her family and culture. However, after her encounter with the outer world she successfully returns back and meets her family.

**Key words:** imperialism, oral tradition, modernism, assimilation, resistance.

# Reverse Mortgage Loan Scheme supports Senior Citizens – An Evaluative Study

Gita Kishore and Anupama V Bhat

## Abstract

Reverse mortgage loan enables a senior citizen to avail periodical payments from a lender against the mortgage of his/her house while remaining the owner of the house and occupying the house. The outcomes in India are unsatisfactory despite the expansion of this market and the anticipated acceptance of the idea. The study is to investigate the factors influencing the potential consumers of RML in India. 50 respondents from Bangalore were chosen as samples, by using random sampling technique. It was found that many were not aware about RML scheme and the promotional activities from the banks were insufficient.

**Key words:** Retirement planning, Financial planning, Reverse Mortgage Loan, Senior citizen.

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# A Study on Reverse Mortgage as an Investment Tool for Senior Citizens

Anupama. K and K. Kumar

## Abstract

Reverse mortgage is a type of mortgage in which a home owner can borrow money in instalments or a lumpsum from a financial institution by pledging his house, which is completely different from that of normal mortgage schemes from banks and other financial institutions. In reverse mortgage loans, a financial institution pays a certain sum of money to the owner of the property for a certain period of time as requested by the **owner**. The present study aims to throw light on the working of reverse mortgage and to theoretically provide insights on the possible merits and demerits attached to the concept of Reverse mortgage in the Indian context.

**Key words:** Retirement Income Streams, Reverse Mortgage, Home Equity, Retirement Income

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